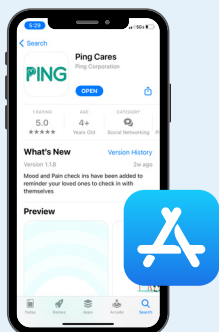


IMPROVE YOUR LOVED ONE'S

SAFETY, WELLNESS & CONNECTION

WITH PINGTM



1. Download the Ping app

Search for "*Ping Cares*" on the App Store or Google Play and enter your token to create an account.

2. Feel at ease about your loved one's safety

Using the Ping smartwatch, your loved one can make emergency calls anytime, anywhere. Protect your loved one and stay connected with GPS location updates on the app.



3. Keep track of your loved one's wellness

Keep up with your loved one's health by getting updates on step count and vitals right on your phone!

4. Connect easily with your loved one!

Your loved one will now have a cellular device on their wrist 24/7. No need to worry about them leaving behind their phones and missing calls!



 www.pingcares.com/american
 info@pingcares.com
 (773) 899-5645

Scan here for
a demo video



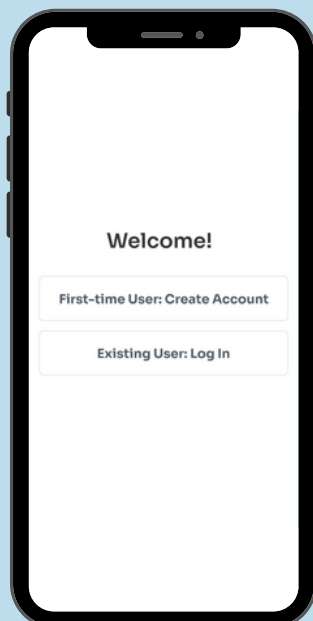


PEACE OF MIND MADE INSTANT

APPLICATION OFFICIAL USER GUIDE

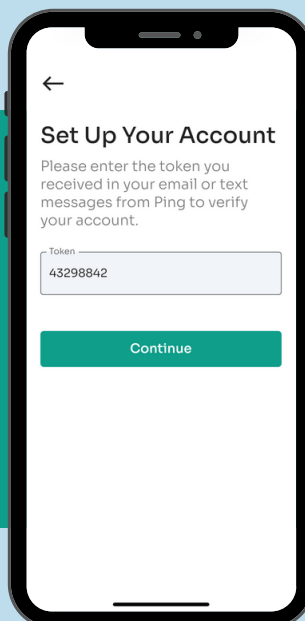
APPLICATION ONBOARDING: FAMILY

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STEP 1

Tap on *First-Time User: Create Account* to set up your account.

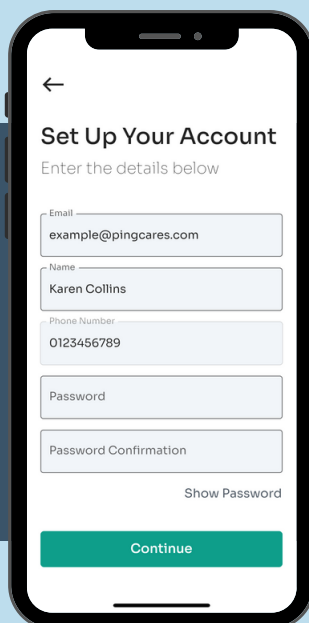


STEP 2

Enter the token you received in your email in the blank space..

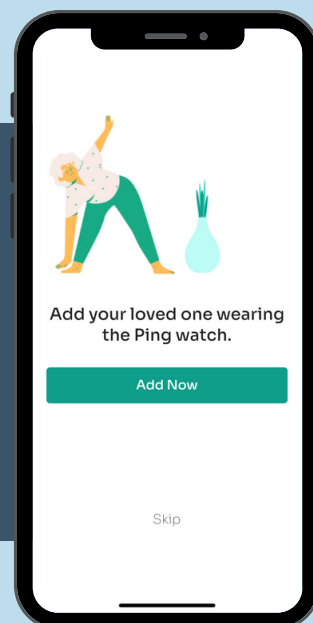
STEP 3

Fill in the blanks with your details accordingly. Set your password and type it for a second time on the *Password Confirmation* blank.



STEP 4

Tap *Continue*. Tap *Add Now* to confirm your loved one's details.



keeps us safe,
healthy, and well
connected!





PEACE OF MIND MADE INSTANT

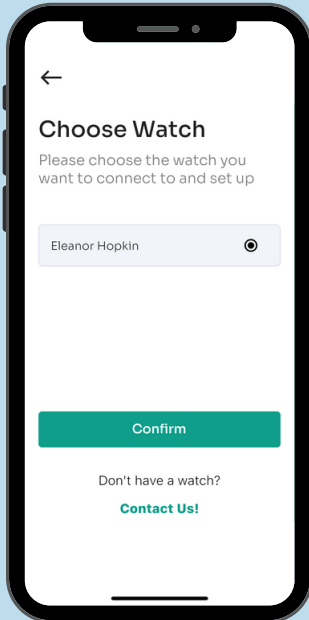
APPLICATION OFFICIAL USER GUIDE

APPLICATION ONBOARDING: FAMILY

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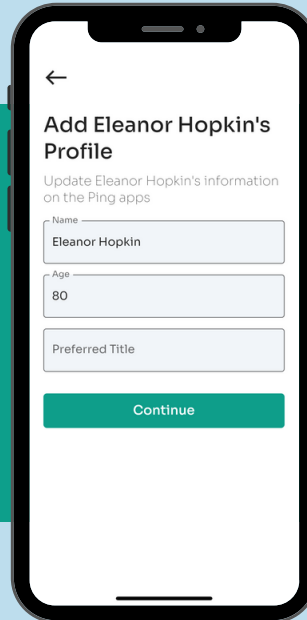
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STEP 5

Choose the elder that you'd like to set up details for. Tap **Confirm** to proceed.

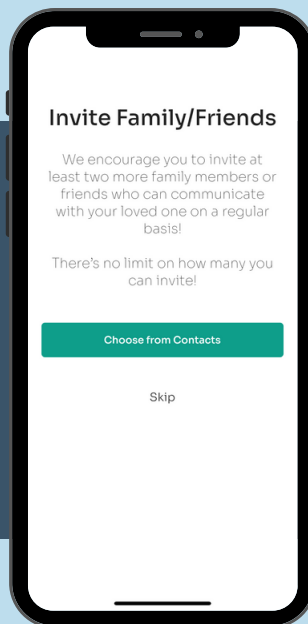


STEP 6

Fill out the blanks, including the **Preferred Title**, such as "Mom" or "Aunt Gemma". Tap **Continue**.

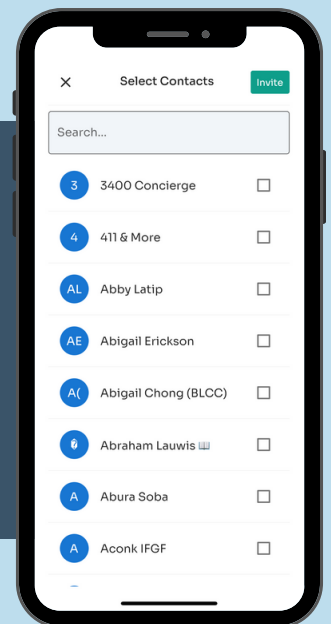
STEP 7

Send invites to family members with instructions to set up the app by tapping **Choose from Contacts**. Skip if you'd like to do this later.



STEP 8

Select the contacts you'd like to send the app invite to. They will receive the link and token to connect to your loved one.



Congratulations on setting up your Ping account!

In case you forget your password, you can always log back in as a first-time user using your token.



Home Dashboard

Here you can check
vitals and wellness
indicators.



Settings

Edit accessibility,
notifications, and
reminders. Logout here.



Connect

Here you can
Send a quick message
or Call your loved one.



GPS Tracking

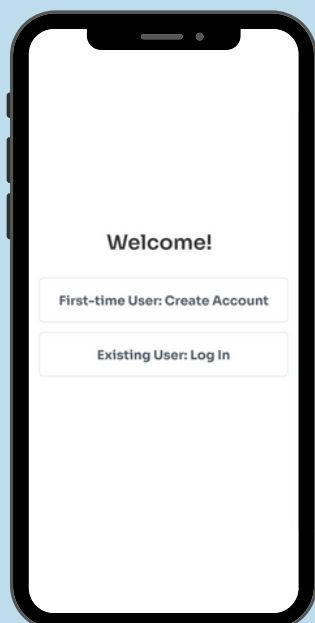
Check your loved one's
location to make sure
that they are safe.



GENERAL ICON LEGEND

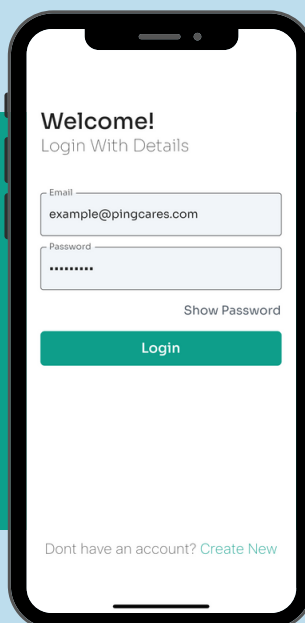


Back Button - Tap here to return to the previous screen



STEP 1

Tap *Existing User:*
Log In to log into
account.

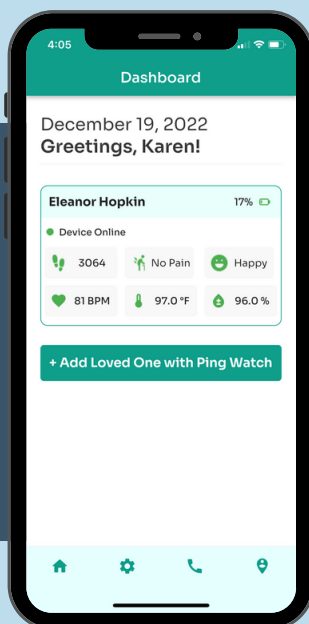


STEP 2

Log in using your email
and password. Tap
Login button when
done.

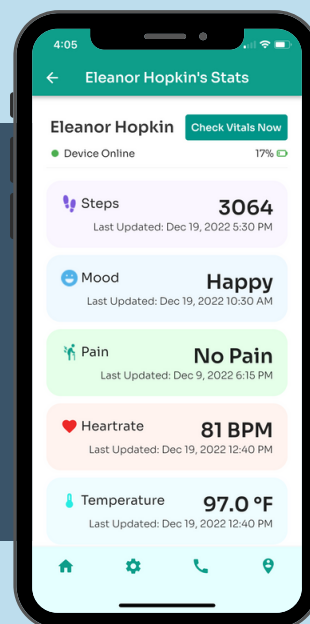
STEP 3

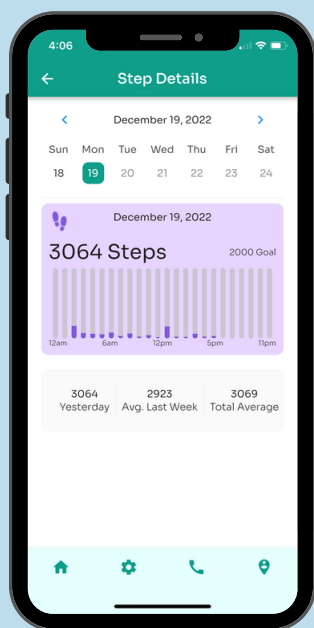
Upon login, dashboard,
will be displayed. Tap
on the desired user
box to expand details
on indicators and
device status.



STEP 4

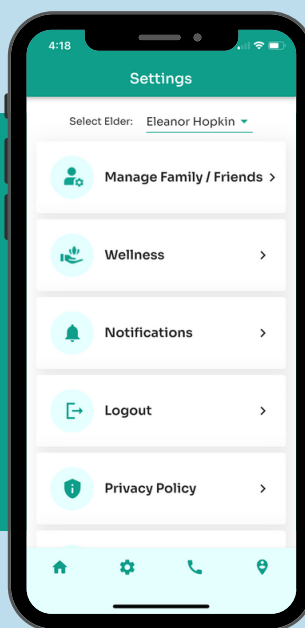
Vitals are displayed here
with time stamps. Tap
Check Vitals Now to see
latest updated data. Tap
individual boxes to view
historical information.





STEP 5

Data over a period of time is displayed here. Tap to edit settings.

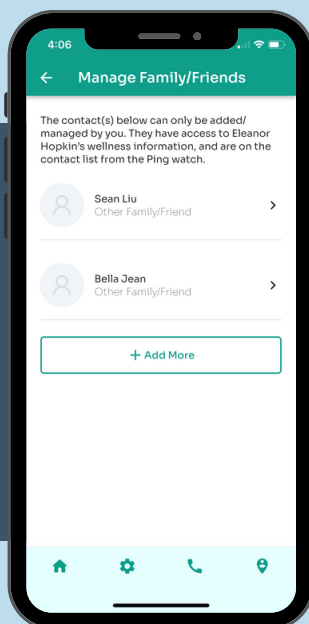


STEP 6

Tap **Manage Family/Friends** to add or delete members from using the app.

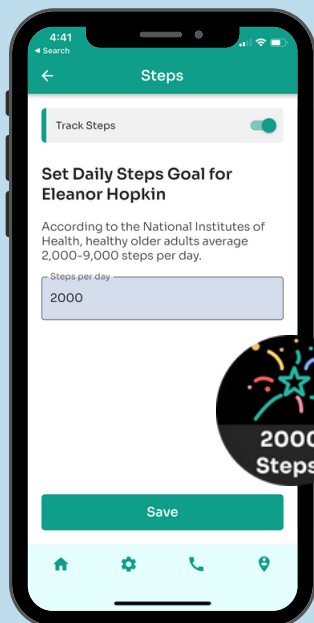
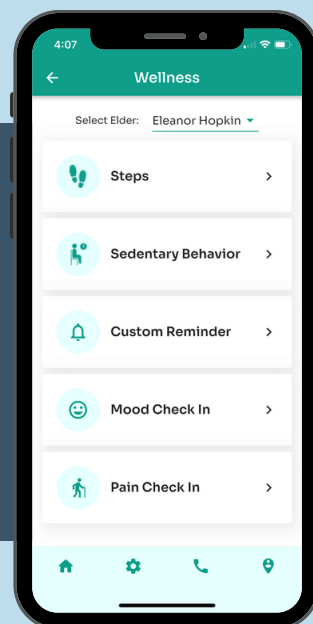
STEP 7

Tap **Add More** to send app invites to selected contacts from contact list. Tap individual names to expand details and find delete button.



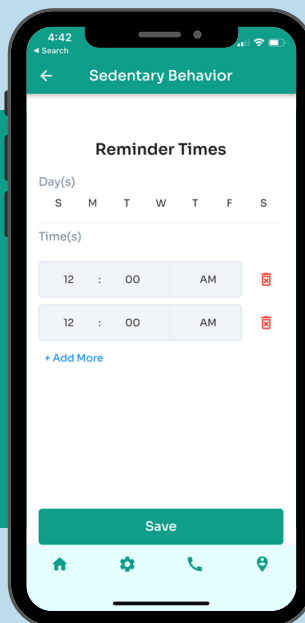
STEP 8

Tap to return to **Settings** (step 6), go to **Wellness** to set step count goals and reminder times. Tap on **Steps**.



STEP 9

Enter step goal. Once goal is reached, the watch will buzz to celebrate. Tap to return to **Wellness** (step 8), and go to **Sedentary Behavior**.



STEP 10

Enter check-in times to make sure your loved one stays active. Similar steps apply for **Custom Reminder**, **Mood Check In** and **Pain Check In**.

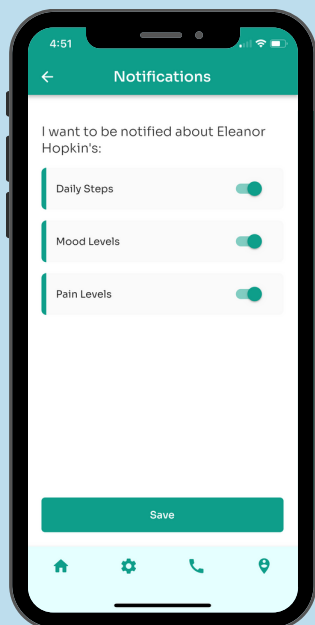


PEACE OF MIND MADE INSTANT

APPLICATION OFFICIAL USER GUIDE

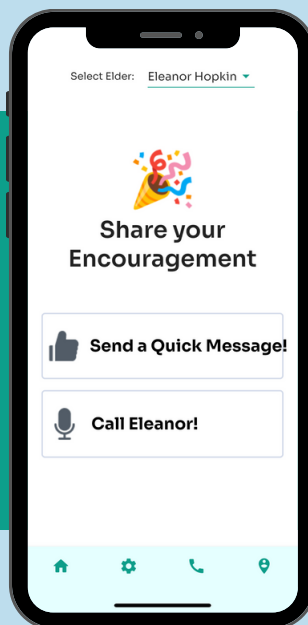
DAILY OPERATING: FAMILY

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STEP 11

Tap to go to **Settings** (step 6). Go to **Notifications** to set up which alerts you would like to be notified about.

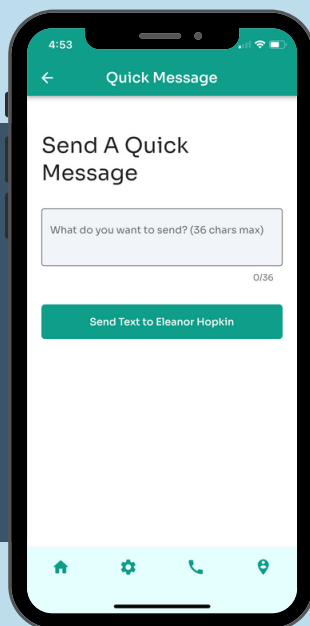


STEP 12

Tap to arrive at the connect page. **Send a Quick Message** (more details in the next step) or **Call** your loved one on the watch.

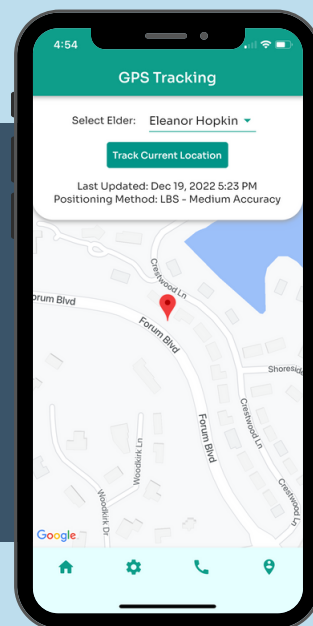
STEP 13

A quick message is similar to a text, type your message and tap **Send Text** to instantly notify your loved one.



STEP 14

Tap to check your loved one's location to make sure that they are safe. To get the latest location update, tap on **Track Current Location**.



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healthy, and well
connected!